Volume 35, Issue 3

Sober During Sentencing

Commonality

I always felt different. I

thought that I was unique

in some sort of way. From

the time I was very young

I felt that internally the

feelings and emotions I

from the way my peers

that played out by my

experienced them. I saw

restlessness, irritableness,

and discontentedness in

turn out the way I had

any situation that did not

envisioned. Way before I

ever took my first drink I

had similar thoughts and

reactions to events in my

life or interactions with

people than I did after I

took my first drink. The

only thing I didn't have

yet was my temporary

solution to these prob-

I took my first drink when

I was 11. My older broth-

ers were having a party

around the corner; my

and when we left my

The very first time I

friends and I showed up

friends carried me home.

drank. I drank to excess.

The same way I did over

the next 12 years of my

drinking career. My

lems-alcohol.

experienced were different

Commonality

March 2022



I wrote this letter to myself while serving my sentencing for my last drinking debauch on February 8th, 2020. Through the program of A.A. I was able to face sentencing in January 2021, knowing I could stay sober, and potentially carry the message of Alcoholics Anonymous. To the day I transcribe this letter, almost another year later, I am still sober. My Higher Power provided the opportunity, but it was up to me to take the action.

Keith P., Old Homestead

January 31, 2021

Dear Keith,

Hey there buddy. So, have you finished learning your lesson? You have Easily spent several years in a difficult life. You have also made this time miserable for those around you. Keith, you have left a large path of destruction behind vou. Do you think you are man enough to re-build? Do you not think you deserve to sit and rot right here in county jail? What are you going to choose for yourself? You can choose to drink again. You haven't died yet. There is still time to "party," right?

Do you think there is much to gain for that life? I believe the record says no. Do you feel proud of the man you are or the example you are setting? If so, go have another beer. If you are lucky, it will be your last. If not, who knows? Locked up again? Crazy house?

THANKS TO OUR READERS!!

We now have a small backlog of stories! So, if you have contributed recently, look forward to seeing your story in print soon.

Maybe homeless, jobless, car-less, penniless, lessfamily, prideless, and hopeless. Dust off Keith. You found a better way out and you know it is much more than just that! Show me who you can be and prove the existence of hope. Even if you do not receive any return other than sobriety, vou will find riches. A Miracle from God! Do not let your past ruin the present and destroy the future. Use the past to learn in the present to improve the future. The rest, God will sort out.

Love, Keith

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Your Intergroup office is still open at:

2701 N. Portland, OKC Monday–Friday 9am-6pm and Saturday from 10am-3pm for your convenience

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Commonality

Another Step Eleven

drinking worsened as alcoholism is a progressive illness.

Every aspect of my life was radically impacted from alcohol at an early age. My relationships with family and friends, internally and externally, all suffered due in part to my newfound solution to how to deal with life. Those are just the external factors. The internal stuff is what was eating me alive. I did not want to feel the way I felt anymore. First I tried counseling. There wasn't a mutual understanding of the way I felt. And at this time I couldn't purvey the thoughts and feelings I was experiencing. Looking back, all of this could've been summed up by the statement, "I am an Alcoholic," but I could not see until I could see. I tried different types of drinking at different times and places; I tried exercise and I tried moving to different locations, vet no matter where I went, there I was, with a progressive illness of alcoholism.

At 21 years old and having made every attempt I could think of to try to fix the way I felt, someone, somewhere—I really don't recall exactly who—mentioned that maybe I should give Alcoholics Anonymous a thought. I did, for about a month. I thought really hard about how to find this place. I knew where it was at and I knew when it was. I "finally decided" I would check it out a handful of times until I actually just did it. I did not know what to expect.

It was a speaker meeting, and this towering man who must've been 50 years my elder spoke about his relationship with alcohol, the way he was before alcohol, and how it made him feel. The way this man described the way he felt the first time he drank in the 1950's was the same exact way I felt when I took my first drink decades later! I felt relieved to know other people were like me. I realized I wasn't alone as I previously thought.

It took a few more years and many, many surrenders to be sober, but if it had not been for the commonality I had with the man at that first meeting, I don't know if AA would have been appealing enough for me to keep coming back. I know now that I am no longer alone. For that I am tremendously grateful.

Preston C., OKC

"Looking back, all of this could've been summed up by the statement, "I am an Alcoholic," but I could not see until I could see."

Next, we have a story about one person's individual idea of "God as we understood Him." AA allows for each alcoholic to choose his or her own conception of a Higher Power.

Another Step Eleven

During my fourth year of sobriety, I started my third eleventh step. I realized it was time to get in better conscious contact with God. As I began my prayer and meditation over this, for the next few months, God always reminded, My Word will speak to you with a guiding hand. The more I prayed the more God lead me back to HIMSELF though His Word. Along with my Sunday morning prayer and meditation I began to view different TV gospel Preachers, found one I understand and agree with. At the end of each service, he would say if you've accepted Christ today, get in a good Bible based Church. This was not happing with ME! I refused to be a part of Organized Religion! The following year I was still struggling with going to Church. I had fallen into my comfort zone of belief. But I was still searching for more spiritual knowledge.

I was asked to attend Church and listen to the new preacher. I declined. I had been asked by three different people to attend the same Church. No thanks, only day off all the excuses. Until, that undeniable request came. And I ask, "Mom what do you want for Mother's Day", MY answer was this, All I want for Mothers Days is all my children to attend Church with your Father and I on Mother's Day".

Without a thought I said yes. I now enjoy Church Services and the fellowship. My spiritual journey now feels more successful. I now believe and feel in my heart and soul; I have found my spiritual pathway for lifelong journey. I know for sure, suit up and show up for meetings, continue to follow the steps, and traditions of A.A. And now attend Church Services so I may enjoy the privilege to serve God through Christ.

Tom R., El Reno



Coming Up...

Area 57 State Conference

May 13-15, 2022

at the

Renaissance Tulsa Hotel and Conference Center,

located at 6808 S 107th E Ave (918-307-2600).

Hear the Delegate's Report, attend Workshops, join in the Entertainment and Fellowship. It will be a Sharing Experience!!

> Speakers: Deb H. (Akron, OH) Georgia B. (Montrose, CA) David G. (Frisco, TX)

This month in AA History

March, 1966 – "My friend and sponsor, Ebby,*" the man who told Bill W. to choose his "own conception of God," passes away.

*Bill's own description of Ebby

For more info on the events above, please check out the out the following books available at Intergroup: <u>AA Comes of Age</u>

> <u>Pass It On</u> Dr. Bob and the Good Oldtimers

W	ord	E B	Q K	о т	G H	M N	S E	R U	s к	E E	נו	N C	M J	M A	R E	D A	o s	Q N	M E	В Н	C A
Sea	arch	I	C	R	A —	Т	I	A	0	E	R	Ρ	Ρ	В	R	U	Y	A	v	С	R
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Action	Message	s	L	м	Ŷ	s	E	L	F	E	Ċ	N	G	N	G	N	ī	R	υ	D	т
Alcoholics	Myself	N	С	U	0	s	v	А	С	н	Т	N	0	z	G	к	D	L	Ρ	I	I
Almost	Opportunity	А	А	Ν	0	Т	Н	Е	R	Ρ	I	Ν	F	Ν	Ρ	Н	R	Е	0	R	Ν
Anonymous	Potentially	R	W	В	R	Н	0	۷	Т	W	0	S	Е	Q	А	L	Ι	А	Μ	Т	U
Another	Power	Т	Е	S	Т	А	Υ	S	0	Ν	Е	Т	Е	S	Ν	А	Ν	R	Т	Ρ	Т
Carry	Program	R	А	С	Т	Ι	0	Ν	Y	U	Т	S	Е	0	Х	Т	К	Ν	в	v	R
Debauch	Provided	Q	0	Т	Ι	М	к	R	М	Ν	0	D	Т	Ν	I	Е	Ι	Ι	Ι	Y	0
Drinking	Sentencing	R	Х	۷	L	Z	Q	М	G	s	R	Е	Е	F	Т	R	N	N	v	L	Ρ
During	Serving	Е	Μ	А	Н	I	Е	Y	Х	н	W	С	0	D	I	I	G	G	0	I	Ρ
Face	Sober	s	D	Т	D	s	J	z	R	к	W	А	С	D	I	N	А	Н	А	I	0
Finished	Stay	×	0	D	s	R	Е	W	0	Р	s	F	в	0	F	v	I	L	Υ	U	н
Higher	Take	Q	F	Ā	s	C	I	1	0	Н	0	Ċ	-	Ā	0	G	0	s		x	0
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Later	Transcribe	К	G	G	Н	A	F	×	U	U	Α	К	В	W	H	Q	I	R	Н	Y	Q
Learning	Wrote	Е	۷	Х	М	W	U	К	С	W	Ι	G	С	Е	Е	Υ	Н	Х	Ρ	Е	Q
Letter	Year	А	С	S	В	۷	Ρ	Ρ	G	S	Ρ	В	R	F	0	۷	U	Ν	Μ	J	D

Cryptic Quote

Last Month's Quote: "For alcoholism had been a lonely business"—*Twelve and Twelve*

Exchange the letters below with the correct letters to reveal the quote! (For example: "T" is really "G")

"CJSDS MDS VMFA VSF IJH IMFC CH QCHE, MFL IYCJ CJSV AHK

WMF TH XMD." - MZWHJHZYWQ MFHFAVHKQ

The answer will appear in the next **Sooner Sobriety!**

Birthdays

Yukon Groups	1	Mark L.	01/11/11	Tim B.	01/01/88	Mustang Gro	un
David S.	01/01/20	Tina T.	01/18/13	Trent H.	01/25/99	Steve S.	01/08/10
Tyler (TJ)	01/09/20	Scott B.	01/31/15	Tim F.	01/11/21	Andrew	01/13/19
Keith WE	01/18/87	Rebecca B.	01/23/16	Skinny	01/31/16	Jacob L.	01/29/10
Melissa	01/25/21	Krystal C.	01/11/17	Leslie	01/09/19	Lori F.	01/15/14
Robin M.	01/15/11	Gary C.	01/01/21	Valerie S.	01/03/21	Laura T.	01/09/19
Nicki	02/03/20	Mike S.	02/29/88	James (Patriot)	01/15/20		
Robin	02/11/19	Veronica L.	02/19/16	Jason	01/30/20		
Missy	02/28/21	Will L.	02/29/16	Kerri B.	02/20/16		
Laurie F.	03/18/00	Robert H.	02/04/21	РК	02/14/88		
Craig S.	03/27/81	Joe M.	02/20/21	Johney S.	02/10/91		IF
John H.	03/28/20	Rena S.	03/26/13	Angela M.	02/07/16		
Crystal C.	04/19/21	Tammy G.	03/21/17	Larry A.	02/27/14	DAY	AA
Lorrinda	04/07/17	Hector A.	03/21/18	Cid C.	02/23/17		
Irv	04/22/19	Kelly P.	03/04/19	Mellisa S.	02/14/16		JE /
David T.	04/26/20	Jeff H.	03/05/20	Bruce R.	02/20/21		
				Ginger N.	02/25/20		
Tri-City		Rockwell		Brittany B.	02/24/20		
B.J. K.	01/01/86	Karly	01/21/21	Casey S.	02/08/17		
Ronnie A.	01/05/02	Danny S.	01/05/94	-			
		-					

Step 3

"Made a decision to turn our will and our lives over to the care of God <u>as we under-</u> <u>stood Him</u>."

"Practicing Step 3 is like the opening of a door which to all appearances is still closed and locked. There is only one key, and it is called willingness."

Tradition 3

"The only requirement for AA membership is a desire to stop drinking."

"This tradition is packed with meaning. For AA is really saying to every serious drinker, 'you are an AA member if *you* say so. You can declare yourself in; nobody can keep you out."

Concept 3

"To insure effective leadership, we should endow each element of AA—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional 'Right of Decision."

Group Name	Monthly	YTD	Group Name	Monthly	YTD
12x12 Group	0	0	Rule 62	0	0
4th Dimension YP Group	0	0	Sahara Group	0	0
5th Tradition Group	0	0	Santa Fe Group	50.00	
9th Traditions Group	0	0	Serenity Seekers	0	
89ers—Guthrie	25.00	25.00	SDG Group (Zoom)	0	
A Refuge South ABC Seminole	0 0	0 0	Shawnee Fellowship Simple Steps (Ponca)	0	
Acceptance Group	0	0	Simply AA	0	
A.W.O.L A Way of Life Group	898.80	898.00	Solutions Group Norman (&WiH)	0	
Altered Boys	3.00	3.00	Southside Serenity Group	185.00	
Arch of Freedom	0	0	Spirit Winds Medicine Park	0	0
Ardmore Group	0	0	Station 23	0	0
Barnyard Group	0	0	Straight Talkers	0	
Bill and Bob's Group (Yukon)	0	0	Sulphur AA	0	
BYOC Chaptery Pahallian Daga	0	0 0	Sundowners—Kelley Club	0	
Choctaw Rebellion Dogs Classen Club	30.00	30.00	Too Early Group Too Early 2 (Mustard Seed 12/1/21)	133.35	
Cordell Group	0	0	Touchstone	0	
Cornerstone Group	0	Ő	Three Legacies (Ada)	0	
Courage to Change/Harmony	0	0	Thursday Grapevine at Kelley Club	0	
Daily Reprieve	0	0	Traditions #2 (Ardmore)	25.00	25.00
Davis AA	0	0	TriCity Group	670.13	
Donations Jar at Intergroup	180.00	180.00	Triangle Group Norman	200.00	
Drexel Group	0	0	Tues Night Mens Kelley	0	
Duncan Group Early Birds of OKC	0 0	0 0	Tues Women's Group Kelley Turning Point (Durant)	0	
Edmond Group	0	0	Unnamed Women's Group	0	
Edmond Friends of Bill Group	0	0	Walking Our Walk (WOW)	0	
Elgin Only Chance Group	0	Ő	Way Out Group (South Penn)	0	
El Reno Groups	60.00	60.00	Weatherford Group	400.00	400.00
Exodus House Group	0	0	Wed Night Women's 12x12-May	0	0
Freedom Group	0	0	Wednesday Womens #2	0	
Girls Night Out—Norman	0	0	Western Club AA Group	0	
God of the Preachers	0	0	Westside Gas Savers	0	
Guymon Main Street Group Harmony @5:30 Group	0	0 0	West Side Sober Sisters WHY AA Group	466.60	
Home Group Meeting—RH	0	0	Women's 1-2-3 Western Club (Sat)	114.70	
Into Action	0	Ő	WOW #2	0	
Lakeshore Ladies	0	0	YANA #1 Women's 10a.m.	0	
Library Group @ All Souls	0	0	YANA (You Are Never Alone) Yukon	0	0
Little Axe Group	0	0			
Live and Let Live Group	103.50	103.50	BIRTHDAY CONTRIBUTIONS*		0
Love and Tolerance	0	0	Pierce 1 year (Altered Boys)	0	
Maine Street AA May Club Women's Meeting	0	0	Gene Miles	30.00	30.00
Mayfair Group	100.00	100.00	OTHER CONTRIBUTIONS		
Mid Day Group	0	0	Josh & Gayle	55.00	55.00
MOD Squad @May Club	150.67	150.67	Joy W.	100.00	
Monday Midday Madness + Fault Free Friday	300.00	300.00	-		
Monday Night Mixed at Kelley Club	5.00	5.00	Totals	5,437.26	5,437.26
Mulligan Group	0	0			
Mustang Group	294.50	294.50			
Mustard Seed MWC Tinker Fellowship	0 0	0 0			
Newcastle Group	0	0	* Diathalass A		
New Jones Group	180.00	180.00	* Birthday Contrib		
Norman Original Group	0	0	counted with hom		55
North Meridian Group	10.00	10.00	no home group is	listed	
Northside Freedom Group	0	0			
Northside Gas Savers	0	0			
NW Central #3	150.61 0	150.61 0			
NW Journeymen NW Nomads	0	0			
OKC Big Book Group	50.00	50.00		Se	
Old Homestead Group	0	0	ALL	12	
Parlor Group	0	0	S (1)		
Pauls Valley Serenity Group	50.00	50.00		m	
Pay It Forward	0	0			
Phoenix Group	35.00	35.00			
Primary Purpose Group Norman Purcell Group	0 0	0 0	TECO	VER	
Recovery Happening (Kingfisher)	0	0			
Road to Recovery	300.00	300.00			
Rockwell Group	83.00	83.00			

Intergroup Representatives' Meeting Minutes December 16, 2021

Call to Order

Chairperson: Angela opened the meeting with a moment of silence and the Serenity Prayer

New Reps in attendance: Kade – YANA, Stephanie – Southside Serenity, Steve – Phoenix, Patrick – 89er, John - NOG

Birthdays for Month: Jon – 1 year (Jan 28), Michelle – 5 years (Dec. 8th), Laura 3 years (Jan. 8th), Tyler 4 years (Dec. 17th)

Introductions:

Introductions: First the current Board Members who introduced themselves with their new Board positions: Angela P - chair, Linda S - Co-chair/Sooner Sobriety, Gayla W - Secretary, Laura T -treasurer, Sydney C - Workshops chair, Jared B - Hotline and 12th Step workshop chair, Martha W -Liaison, David B - Literature chair and , Michelle L- Events chair. Then Staff followed by representatives who named home club or group

Secretary Report: Gayla Read minutes of the December meeting; A motion made to accept; seconded; and passed

Treasurer Report: Finished out 2021 in the black 🗆 – inventory completed – report will be attached to summary

Other Board Reports:

Co-chair: Linda asked the representatives to please announce in their groups that the Sooner Sobriety is looking for short stories/articles that can be submitted to okcintergroup.org

Liaison: Martha - reaching out groups about Intergroup and what intergroup does

Hotline/12th Step Chair: Jared – hotline/12th at winter conference – 10/12 attendees – no new signees

Explained what the hotline is and how it is handled – sobriety required 1 year – need volunteers must attend workshop

12th step list – sobriety 3 months – hotline fields call to the step list–March 19th @2pm – North Meridian

Goal to have workshop every month in 2022

Literature Chair: David – selling lit at area assembly and Corrections on May 7th – can buy literature at Intergroup.

Events Chair: Michelle – Unity Day – April (collaboration District 10/20) – Open House – May/October

Take Sponsor – September – Will need volunteers

Workshops Chair: Sydney C. safety workshop Jan 8th in Norman - well attended

Ask groups for workshops – Safety, Sponsorship

Manager's Report: Cathy N announced that

May 7th Corrections Conference

Made \$1k for raffle at 1st things 1st

Faithful 5ers - sign up to automatically pay \$5 per month Intergroup - speak with groups

Venmo - think about having Venmo available - could increase contributions

Contributions in Sooner Sobriety – check to if your group is correct

Meeting guide App - check to make meetings are correct - email at admin@okcintergroup.org for corrections

Events - invite intergroup and we will come out, cook hot dogs, workshops at your clubhouse

Some Literature on sell -

Hardback Big Books - out and back ordered - plenty of soft backs for sale

Please donate old grapevines to Intergroup – we donate to the prisons, Jack takes them – you can donate Grapevine subscription through the Grapevine Rep – ask Cathy for more information

Old Business: none

New Business: none Announcements:

Simply AA – Feb 12th at 6pm with a speaker at 8pm – New Convent Church in Edmond

Road to Recovery - May 10th - Anniversary (more details to come)

Drawing for prizes:

7th Tradition:

A basket was passed in observance of the 7th tradition

All in attendance were reminded that the February meeting will return to the 4th Thursday of the Month schedule, with the Board meeting at 6PM and the Representative meeting at 7PM.

Adjournment:

Motion to adjourn made and seconded; motion passed, and the Meeting ended with the Lord's Prayer

Group Updates

Meeting Changes

- **The Live and Let Live Group** has moved to 2800 NW 36th Street, Suite 230. All meeting days and times will remain the same.
- The **Common Welfare Group** in Del City has added an open Saturday 6pm 12&12 meeting. Their address is 1901 Vickie Dr.
- The **Central Group**, which meets at St. Stephen's Church, now has childcare available at the 6pm Thursday meeting.
- The Western Club's **Saturday Women's 11:00am meeting** is starting back up and needs support. It is an open Step/Tradition meeting.
- The **MWC Tinker Fellowship** Sunday morning meeting has moved to 10am. They meet at the St Mark Lutheran Church at 7501 E Reno Ave in Midwest City.
- The Too Early 2 Group is now officially the **Mustard Seed Group.**

NEW Meetings!

- The North Council Men's Group is a closed topic meeting which gathers on Wednesdays at 5:30pm at the Anglican Church of the Holy Cross at 10509 N Council 73162.
- **The Recovering Wanderers** is a fairly new group meeting in the Veteran's Center at 6804 N. Robinson on Tuesdays at 1pm.
- **The Great Escape** is a new meeting at 3332 N. Meridian. It is an open Big Book Study for all, Mondays at 6pm.
- The **Phoenix Group** has added a new meeting at noon every Thursday. It is an open <u>As Bill Sees</u> It meeting. The group is located at 700 E Eufala Street in Norman.

OKC Intergroup

ARE YOU LOOKING FOR SERVICE WORK? The OKC Intergroup Service Office needs Phone Volunteers!



Shifts are two hours long, Monday through Friday. You may work one shift a week as a regularly scheduled volunteer or more as a substitute. Examples include: Tuesday from 1-3 or Fridays from 9-11. There is no sobriety minimum, but you MUST be an alcoholic in recovery. For more information, please contact the Intergroup Office at 405-524-1100. It is a great way to learn about meetings throughout the OKC Metro and the rest of Western Oklahoma!



Shifts are overnight on weekdays (6pm to 7am) or one of three shifts on the weekends (7am to 12pm, 12pm to 6pm, or 6pm to 7am). A volunteer must be sober for at least one year and must have a home group they regularly attend. Positions become available regularly, so if you are interested, please call us at 405-524-1100 for more details. This is an outstanding way of being the alcoholic's first contact with AA. We have volunteers who will speak with them day or night. You become the bridge between the two.

UPCOMING EVENTS

Out of Town:

- March 4-6, 2022—**35th Annual Lake Murray Men's Conference** at Lake Murray Lodge in Ardmore, OK. Hosted by the Clean Air North Group, it features out-ofstate speakers, workshops, and plenty of fellowship. To register: www.lakemurraymensconference.com. For lodge or cabin reservations, call: 800-654-8240.
- March 26, 2022—**Area 57 State Sponsored Workshop: Getting Into Service** (Hosted by District 40)—Begins at 9:30 am for Fellowship, followed by a 10:30 Workshop. Lunch will be included (please bring a side dish or dessert). It promises to be a fun day of Speakers, Information, Fellowship, Door Prizes, and a 50/50 Raffle!! The event will be held at the Oak Park United Methodist Church, located at 601 Brentwood Road, Bartlesville, OK 74003

Local:

- February 26, 2022–**OKC CityWide!** As always, it features a potluck dinner at 6:30 (please bring a side dish or dessert), followed by a speaker. This month's speaker is **Claudia H.** from Ft. Worth, TX.
- March 19th, 2022—*Intergroup Presents:* A Hotline and 12th Step Workshop at 2pm at the North Meridian Group, which is located at 4407 NW 50th street. Discover how to help other alcoholics: find their way to a meeting, learn about the AA program, get a little peace of mind, and receive the same blessings you've been given! Come join us!!
- May 13-15, 2022—**Area 57 State Conference**—at the Renaissance Tulsa Hotel and Conference Center, located at 6808 S 107th E Ave (918-307-2600). Early bird registration (before 12/31/21) is only \$20! Hear the Delegate's Report, attend Workshops, join in the Entertainment and Fellowship. It will be a Sharing Experience!!

Happy, Joyous, and Free!!

Pamphlet of the Month:

Young People and A.A.



Why do young people need their own pamphlet? Well, to begin with:

> "Coming in to AA as young people, we found that there were common challenges to face. In the beginning, we often felt we were too young to be alcoholics. Some of us didn't drink for a long lime; others didn't drink hard liquor, stumble around, or forget what we did or said when drunk. Being young in the everyday world we face peer pressure, stressful relationships with our parents, and parties being a way of life. In AA, we often feel different because we may be the voungest person in our group, and some have even had an uninformed older member discourage us by saving things like 'I spilled more booze than you drank.""

Sounds frustrating, doesn't it? And how are young people supposed to decide for themselves if they're an alcoholic with all of that going on? Well, this pamphlet can help them decide. It gives the stories of a number of young people who have discovered that AA is a solution to their drinking problem and everything else that goes with it. And if all else fails, hey, there's a great quiz at the back of the pamphlet which will really help them decide!

A Declaration of Unity (to be found on the back of many pamphlets): This we owe to AA's future: To place our common welfare first; to keep our fellowship united. For on AA unity depend our lives and the lives of those

to come.

Name:	Group Name:
Address:	
City:State:	City:
	10 copies to be
Zip:	picked up each month
Selephone: ()	

Intergroup Service Office, Inc. 2701 N. Portland, Suite E Oklahoma City, OK 73107

