Volume 37, Issue 3 The Sooner Sobriety

OFFICE: 405-949-0910 HOTLINE 405-524-1100 Email stories to kathy@okcintergroup.org

Miracles in Alcoholics Anonymous

From an Empty Lot to a Job in Hand

April 2024

I was unemployed for almost a year. This was extremely disheartening, especially since for most of that year, I had numbed my feelings of unease with alcohol. But then I got sober. As I returned to AA. I was told that all I could do was take the next right action. I knew that I wanted to get back into security, so I went to a security school in Moore to get certified. I spent the day I hit one month sober in the class for unarmed, then the next week I did the training for armed. This being finished, I imagined that I would be employed by the end of the month. This did not happen. I spent the next month applying to all types of security jobs and doing the work of the program. My sponsor and I spoke every day, went to meetings at least daily, and started working with other alcoholics. I got through my 5th step (which is another story in and of itself). My level of frustration was increasing daily, but I was clinging to the work and my sobriety with the desperation of a drowning man. My sponsor also told me the stupidest thing I had ever heard. He said that I didn't need to take on the first job that was offered! But knowing that I needed to remain teachable, I responded that this was true unless the first job offered was my dream job. To which he asked what I would consider my dream job? I gave him a list of 7-15 things off the top of my head. Not that I was obsessing over it or anything...and I continued on my way without a second thought.

"My sponsor also told me the stupidest thing I had ever heard. He said that I didn't need to take on the first job that was offered!"

I was trying to find the balance of trusting my Higher Power, so doing the work as it applied to my job search as well, I decided that I would spend a Monday going to several security companies and giving them my résumé. I also went online and tried many different ways of phrasing my search. The last one I used led me to a website that told me that the very next day there was a hiring event at a large security company.

The next day, I got dressed and went to the address listed on the website I found. As I was approaching, I saw nothing but an empty field. I was getting very upset, so I pulled over. Contemplating going back home and stewing in my frustration, I decided to at least look up to headquarters of the company listed as having the hiring event. That turned out to be right around the corner, so I drove there. As I was pulling in, I saw many open parking spots which struck me as strange. But for some reason I went in anyway. I saw on the directory that they were on the second floor, so

The Topic of April's Newsletter will be: **Humility**

PLEASE send us your story or article about one or more miracles that have occurred to you in sobriety: kathy@ okcintergroup.org



Stories About Connections in AA

up the elevator I went. Approaching the door, I noticed that there was a normal looking office. There was no evidence of a hiring event at all. Frustrated. I decided to look around to see if I could find a restroom on the floor. After looking around the side that the company was on, I saw a man in the company shirt escorting another young man into the office. He noticed me and asked what I needed. I told him about the hiring event that I saw online and the address that was given. He responded that the building that was at that address hadn't even been there in years, and that there was obviously no hiring event that day, but he invited me to fill out a form and sit in the main area. It was at this time that a guy I was with in the armed class almost two months ago walked in, so we began to chat. Meanwhile the guy from the company came up to get me and bring me back to his cubicle. He explained that they had just got off a call asking about reducing overtime. One of the things that I had told my sponsor that I wanted was to have overtime hours available. He returned to bring me a list of open positions. The positions covered three different areas of the city. and were only available from Thursday through Sunday, which meant there was another thing on my list that wasn't fulfilled. But, they paid well, and I was getting desperate. So, I asked to

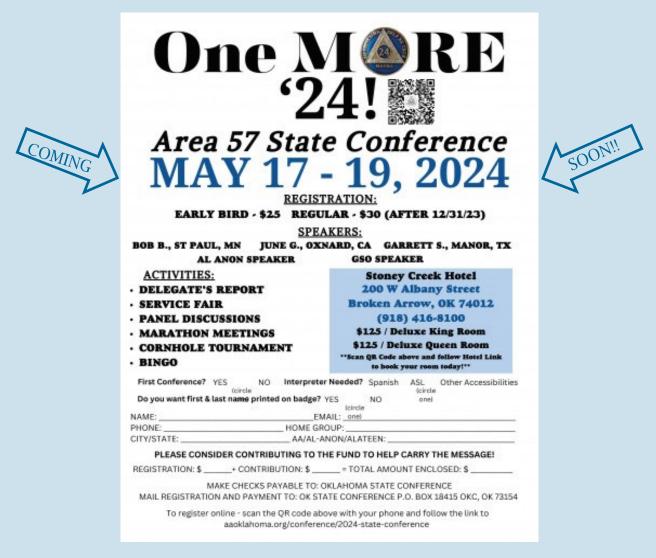
look at the list. The required time for the Thursday and Fridav slots only had 10 hours between them, and it was near Tinker. I live almost 40 minutes away from that location. I expressed my concern about that and heard my sponsor in my head saying that I didn't need to accept the first job offered (I hate when that guy is right, which is most of the time). So. I said that I was afraid that this wasn't quite the right position for me. I felt deflated. Suddenly, another guy in the office remembered another location that had high turnover, which is usually a red flag. But, they gave him a call, and told the job manager that there was an armed guard looking for a job, so he asked that I go to his location for an interview. I drove over there.

"I saw so many things that my Higher Power placed in a row that I accepted before I left the interview."

On entering the building, I approached the front desk and informed the receptionist that I was there for an interview. The guy in charge of that location came out to get me. As we were walking back, I pointed out that he had the same gun that I would be carrying, which he shrugged off. Because this was a spur of the moment interview, he did not have my application, so I offered him

my résumé He began looking through it and asked me about several things on it. When he came to my military service, he asked what I did. I answered that I did avionics on the C-17. He informed me that he was a crew chief on F-15's. We continued on with the interview, and as he was checking off boxes that he wanted, I was filling out that list that I gave to my sponsor. The only thing on that list that wasn't checked off for me was the Monday through Friday requirement, which was the one thing I desired the least on that list. I saw so many things that my Higher Power placed in a row that I accepted before I left the interview. I texted my sponsor immediately. This is only one example of how this program can work. And not all things in sobriety are as good as this story. One thing that my sponsor regularly reminds me of is that this time through the program will not be the same as my first time through. But, I know that my Higher Power was working all through this year of unemployment. He used it for me to get my sleep apnea treated through the V.A., and most importantly, to get me sober. Taking the next right step brought me from an empty lot to a dream job in hand. I start orientation this week, and thank God every day for keeping me sober, and for guiding me to exactly where I needed to be.

Rusty C., OKC Metro Area





This is an Event that you will not want to miss!!



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Cryptic Quote

"Faith must serve as the pathway to the center of my life."— Daily Reflections

Below, "J" is really "W"

"QBUTQS RMO BI QWQSLUTBG MS QXIQ TQ BI GMUTBGR."

-EXFMTMXBEI EGMGLDMJI

The answer will appear in the next Sooner Sobriety!

IG Staff and	volunteers	Taylor C.	02/25/23		
Sally G.	02/24/03	Sean M.	02/25/23	Little Axe Group	
Mike	02/01/22	John C.	02/16/21	Cody 02/10/21	
Fred D.	03/11/80	Cynthia J.	02/05/23	Angela M. 02/07/16	ONE
Adrianne	03/27/81	Misty D.	02/03/20	8	
JoAnn	04/18/91	AnnaKay Y.	02/02/23		
Trish D.	04/19/12	Johney	02/10/91		DAY ATA
Kimber	04/13/23	Skinny	02/31/16		
Debbie U.	05/11/21	Ari R.	02/15/13		IME
		Angela M.	02/07/16	' C	
Del City Comr	non Welfare	Kathy C.	02/25/23		
Ann P.	02/04/95	Candelaria	02/28/23	N	
		John W.	03/23/04		
MWC Tinker		Steve W.	03/20/90	G	
Levi H.	02/18/88	Bob P.	03/17/90		•
Kenneth D.	03/15/16	Zac B.	03/18/23		•
Bob S.	03/24/81	Kenny D.	03/13/22		0 1010
Wayne Mc.	03/27/84	Victor B.	03/06/88	/ T /	kappy .
wayne wie.	03/27/04	David L.	03/15/05		• 1000 9
Rockwell		Thomas W.	03/09/01	S	hinthdou
PK	02/14/88	Hayden H.	03/21/20		
Rob B.	02/10/16	Konrad	03/14/94	1 1	
Madi T.	02/10/10				
	02/24/23	TriCity			
Ginger	02/23/20	Stephany H.	02/01/16		• • •

Events and Workshops

PLEASE CONSIDER HOSTING A WORKSHOP!!

Call us at 405-524-1100 or 405-949-0910

Intergroup Can Help!

We can come to you to present a workshop on How to chair a meeting, Working the Hotline, The 12 Traditions, Sponsorship, Anonymity and Technology, Safety in AA, and more!

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Group Name	Monthly	YTD	Group Name	Monthly	YTD
8.20 M	0	0			0
8:30 am May	0	0	Shawnee Fellowship	0	0
9th Traditions Group	217.00	217.00	Simply AA	0	0
12x12 Group 89ers—Guthrie	0	0	Sleepy Hollow	0	73.16
	0	45.00	Social Distancing Group, Richardson, TX	0	0
Acceptance Group	$\begin{array}{c} 0\\ 0\end{array}$	0 0	Solutions Group Norman (&WiH)	0	0 0
Altered Boys	0	0	Southside Serenity Group Straight Talkers	0	0
AM Attitude Adjustment Group	280.00	280.00	Sulphur AA	0	50.00
Another Refuge Arch of Freedom	280.00	134.00	Sundowners—Kelley Club	0	30.00 0
Ardmore Group	200.00	200.00	Too Early Group	0	162.00
Chandler Group	200.00	200.00	Touchstone	0	102.00
	68.80	68.80	There is a Solution	0	0
Chapter 11 Choctaw Rebellion Dogs	08.80	08.80	Three Legacies (Ada)	0	25.00
Cimarron Freedom Group-Kingfisher	0	0	Tradition 2 (Ardmore)	25.00	50.00
Classen Club	0	0	TriCity Group	25.00	430.86
Cordell Recovery	0	0	Triangle Group Norman	0	450.80
Cornerstone Group	0	0	Tuesday Kelley Women's Meeting	0	0
Daily Reprieve	164.10	164.10	Unity Women's Group	0	0
Del City Common Welfare Group	0	67.00	Way of Life-Edmond	0	0
Donations Jar at Intergroup	0	185.00	We Care Group	0	0
Downtown 12&12 ONLINE	20.00	20.00	Western Club (moving donation)	0	0
Drexel Group	20.00	20.00	Westside Gas Savers	0	0
	0	0		15.00	
Early Birds of OKC			Whiskey in Milk		30.00
Edmond Group	0	0	WHY AA Group	0	535.00
Edmond Friends of Bill Group	0	0	Women's 1-2-3 Western Club (Sat)	0	108.00
El Reno Groups	45.00	165.00	Women's BB Study	0	0
Freedom Group	0	100.00	WOW #2	0	0
Friends of Bill	0	300.00	YANA #1 Women's 10a.m.	0	250.00
Friends of Bob	0	0	YANA Yukon	0	0
Full Measures—Stillwater	0	0			
Fully Self-Supporting Group	0	0	BIRTHDAY CONTRIBUTIONS *	<u>^</u>	15.00
God of the Preachers	0	0	Chris L.	0	15.00
Grapevine Meeting—Noon at Kelley Club	0	0	Patsy G., 26 years, MWC Tinker	0	0
Harmony	0	0			
How It Works (Edmond)	0	0			
Highway 9 Group	0	0	OTHER CONTRIBUTIONS		
Kelley Club Meeting	0	0	Nicole P.	50.00	100.00
Kelley Club Women's	0	0	Mike M.	125.00	225.00
Lakeshore Ladies	0	0	District 70	0	50.00
Lakeside Serenity	0	0	Michelle B.	0	70.00
Little Axe Group	0	100.00	Richard F.	100.00	100.00
Live and Let Live Group	111.01	111.01	Willie M	100.00	100.00
Love and Fellowship-Ponca City	25.00	50.00			
Love and Tolerance	0	75.00	Anonymous	0	0
Maine Street AA	0	100.00			
May Club	0	0	Totals	2,82.91	7,030.64
Mayfair Group	100.00	300.00			
Mid Day Group	0	0			
Midwest City Tinker Fellowship	0	26.00			
Misfits	0	0			
Monday Night Men's Group #3	0	0			
Monday Night Mixed at Kelley Club	5.00	5.00			
Mulligan Group	0	0			
Mustard Seed Group	0	0			
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North Meridian Group	0	20.00			
Northside Freedom Group	902.00	902.00			
NW Central #3	0	136.00			
NW Nomads	0	0			
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Old Homestead Group	Ő	ŏ			
Parlor Group	Ő	Ő			
Pauls Valley Big Book Group	ő	50.00			
Pass It On	ů 0	0			
Pay It Forward	Ő	0 0			
Phoenix Group	50.00	100.00			
Primary Purpose Group Norman	0	0			
Road to Recovery	0	0			
Rockwell Group	166.00	166.00			
Round Table	0	15.00			
Rule 62, Edmond	0	15.00			
Rule 02, Euffoliu	0	0			

Santa Fe Group

Step Reading of the Month

Turning it Over

We were having trouble with personal relationships, we couldn't control our personal natures, we were a prey to misery and depression, we couldn't make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of real help to other people.

Alcoholics Anonymous, p. 52

These words remind me that I have more problems than alcohol, that alcohol is only a symptom of a more pervasive disease. When I stopped drinking I began a lifetime process of recovery from unruly emotions, painful relationships, and unmanageable situations. This process is too much for most of us without help from a Higher Power and our friends in the Fellowship. When I began working the steps of the AA program, many of these tangled threads unraveled, and little by little, the most broken places of my life straightened out. One day at a time, almost imperceptibly, I healed. Like a thermostat being turned down, my fears diminished. I began to experience moments of contentment. My emotions became less volatile. I am now once again a part of the human family.

Daily Reflections. P. 105

This month in AA History

April, 1935 - Dr. Silkworkth tells Bill to quit preaching to drunks and to stress the obsession and the allergy instead.

For more info on the events above, please check out the out the following books available at Intergroup: <u>AA Comes of Age</u> <u>Pass It On</u> Dr. Bob and the Good Oldtimers Intergroup Representatives' Meeting Minutes February, 2024

Call to Order:

Chairperson: Opened the meeting with a moment of silence and the Serenity Prayer

Introductions of Board Members and Intergroup Staff:

Chairperson: Gayla NW (Absent) Co-chair/Treasurer: Cathy Secretary: Austin P Literature: Michelle B Events: Casey Liaison: Jeff Co-Liaison: Lance (Absent) Hotline/12th step Chair: Stacey Workshops Chair: David M IG Manager: Cathy N (Absent) IG Staff: Tiffany

New Reps: New Rep- Co- Intergroup rep for 89ers.

Birthdays: Robert Tri-City. 3 Years.

Secretary Report: Read Minutes - Motion to accept, 2nd and accepted.

Treasurer Report:

- Net Income -Jan 2024- \$2836.45.
- Group Contribution. \$4679.85, up from last year at \$3553.90.
- Event Contributions- \$1133.00
- •

Chair Reports:

Workshop Chair: David M.

Upcoming workshops:

Feb 24th. @ Western club 2pm- Intergroup- David, Cathy, Gaya attending. March 23 @ Sleepy Hollow-12pm-3Pm- Spirituality.

Past workshops.- Attendance was high

Jan 28th @ Phoenix Group- 12:00pm- Spirituality Workshop- 50 ppl attended.
Feb 11th @ Roundtable- 2:00 pm- Group service Workshop- 20-25 ppl attended.
David Offered Workshops to all attending reps.

MMSP

Literature Chair: Michelle

Will be providing Literature at Area, Red Dirt Roundup and Okypaa 42.Events Chair:Drexel Group invasion went well.Open house, June 1st. 11am-2pm at intergroup.

Casey asked if any group would like to have an intergroup invade a meeting. MMSP

Hotline/12th Step Chair: Stacey, report read by Michelle.

Stacey turned in 15 volunteer packets to Intergroup. MMSP

Liaison: Jeff

March 5th- Joint Service March 10th @2Pm- District meeting 10 &20. March 17th- @2Pm- District 50 & 70 . March 24th- Area Meeting. MMSP

Manager's Report: Report read by Casey

- Shirts presented to reps.
- Uber is set up. Working on Utilizing and creating a system to use.
- New neon sign being hung.
- Intergroup Invasion at Drexel Group was well received.
- Intergroup Intro coming up at Wester club.

MMSP

Announcements:

March 17th. District 10- Norman Original Group hosting an Irish Themed potluck March 9th- Way of life, Celebrating anniversary. Amy T Speaking at 8:00. Drawing: Gennie & Brandon won drawing.

7th Tradition:

The basket was passed in observance of the 7th tradition. Adjournment:

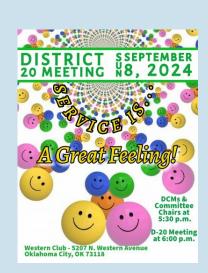
Motion made to adjourn and seconded; motion passed.



Service Opportunities

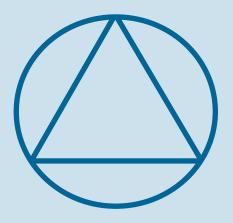






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Northeast	Texas, Area 65
	1th, 12th, 13th
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Visit us at:	REGISTER HERE
www.swraasa2024.or	
For Questions: Registration@swraasa	2024.org
RICHARDSON, TEXAS	
Renaissance Dallas Richardson Hotel 900 E Lookout Drive	国際製作
Richardson, TX 75082 (972) 367.2000	SCAN ME
Hotel block opens November 2023	Registration Cut Off Date: 09/27/202
Mail to: PO Box 8	63582, Plano, TX 75086
Name:	Print Neatly
Adrdess:	-
City, State, Zip:	
E-mail:	Phone:







Upcoming Events



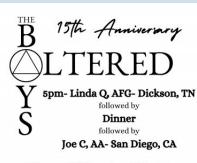
KELLEY CLUB FRIDAY NIGHT -7PM MONTHLY SPEAKER'S

FRIDAY, MARCH 29, 2024

7PM

SPEAKER: ANDREA B.

JOIN US 2300 N. KELLEY AVE. OKLAHOMA CITY, OK PHONE: 405-424-2412 EMAIL INQUIRES: kelleyclub1@gmail.com



Dinner & Speaker Meeting Open to AA and Al-Anon/Alateen Community

Saturday, April 6th 2024

Chapel Hill United Methodist Church (North side of building) 2717 West Hefner Road Oklahoma City, OK 73120



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Individual \$10 per year	
Name:	
Address:	
City:State:	
Zip:	
Telephone: ()	

Group \$25 per year	
Group Name:	
10 copies to be picked up each month	

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